

# **SCHICK SHADEL** HOSPITAL

**THE FULL MEDICAL TREATMENT FOR CHEMICAL DEPENDENCY**

**[www.schickshadel.com](http://www.schickshadel.com)  
1.888.907.2873**

**In just ten days...**

# ... Get your life back ...

## Thank you for your interest in the Schick Shadel Hospital treatment program.

*Our unique and powerful addiction treatment program focuses on eliminating the craving for alcohol and other drugs by creating an aversion to the sight, taste and smell of the substance. This medical process allows you to regain control of your life and restores your ability to make good choices for living, free from the overwhelming influence that addiction exerts.*

### **Schick Shadel Hospital provides the full medical treatment for chemical dependency that is....**

- » Affordable, effective and quick. In just ten days (plus detox if needed), you can eliminate the craving for alcohol or other drugs and start moving on to a healthier and happier life.
- » Covered by many insurance companies with financing available to assist private pay patients.
- » Focused, intense treatment targeted at your specific alcohol or drug addiction.
- » Medically and scientifically supported by research.
- » Individually focused. Each patient's treatment program and continuing care plan addresses their individual addiction issues and needs.
- » Supportive. Two reinforcement treatments included within the first several months post discharge to reinforce and support your success.

Please contact us at [1.888.907.2873](tel:1.888.907.2873) or visit our website [www.schickshadel.com](http://www.schickshadel.com) for additional information on participating in our treatment program.

# ... And so very much more!

“JUST TEN DAYS PLUS A COUPLE OF SHORT FOLLOW-UPS”

## OVERVIEW OF TREATMENT

*Schick Shadel Hospital is a multi-disciplinary treatment for chemical dependency. Our treatment combines the usual counseling and group therapy with medically supervised and controlled aversion counter conditioning and rehabilitation interviews. We have used this approach for 75 years, having opened in Seattle, Washington in 1935. We have treated thousands of patients in those years and have the highest success rate of recovery in the United States.*

The aversion conditioning is accomplished with a degree of nausea induced by a medication presented in association with the sight, smell and taste (not ingestion) of the addictive drug. The conditioned aversion achieved in this manner provides the opportunity to be free of the craving for the addictive drug. It also breaks the conditioned responses that tend to push one towards drinking or using drugs. Permanent abstinence from addictive drugs is the goal of our treatment program.

The second relatively unique treatment approach in our multimodal therapy involves giving a sedative medication in order to take the patient from a wide-awake state to a state of drowsiness. At this time we ask psychologically oriented questions that enable us to obtain, in a brief time, information that might otherwise require many weeks of counseling interviews. The rehabilitation interviews also allow the medical staff to monitor the level of aversion for all types of addictive drugs including alcohol.

In addition, our standard treatment approach employs education about the addictive disease and how to live drug free for the patient and family.

The patient spends ten days in treatment (after detoxification if needed). During that time the patient receives five aversion treatments, four rehabilitation interviews, one relaxation treatment, intensive education, group and individual counseling. The patient and the counselor formulate an aftercare plan for the patient that will also include two return visits to the hospital. These return visits are usually done at about the 30 day and then 90 day interval after discharge. The purpose of these visits is to monitor the patient's aversion and reinforce it. The patient also sees a counselor at this time to see what progress is being made on the continuing care plan. We also keep in contact with the patient by telephone for two years after treatment to help monitor their progress.

This program is brief compared to many other treatment approaches, which involve one month to 3 months or more inpatient care. Because of the nature of our treatment program and its intensity, it is provided in a hospital setting where medical supervision is provided.

For more information feel free to call our hospital any time and an admission counselor will be happy to speak with you.

Our Toll free number is [1-888.907.2873](tel:1-888-907-2873).

# **TREATMENT INCLUDES:**

## MEDICAL PROGRAM

- » Complete Physical examination
- » Electrocardiogram
- » Liver Function Test
- » Daily Physician Review
- » Five (5) Aversion Therapy Sessions (counter conditioning)
- » Standard Laboratory Test
- » Pregnancy Test (if applicable)
- » Urine Drug Screen
- » Four (4) Rehabilitation Interviews

## COUNSELING AND EDUCATION

- » Educational presentations with patient involvement. Family encouraged to attend.
- » Two groups per week, focused on family.
- » Individual, Group, and Family Counseling.
- » Relaxation Therapy.
- » Nutritional Education.
- » Introduction to 12-Step and other Self Help Groups.

## CONTINUING CARE

- » Individualized continuing care plan developed in hospital.
- » Two year continuing care plan includes Schick Shadel Continuing Care Groups or AA, NA or CA involvements.
- » Toll Free telephone number for Patients or Families to contact Continuing Care Counselors, 24 hours a day.
- » Former Patients may attend any appropriate film, lecture or group.

## **ADDITIONAL SERVICES**

### INTERVENTION:

Intervention specialist referrals are available.

### PRE-ADMISSION:

Free confidential consultations and hospital visits welcome.

### FREE LITERATURE/ VIDEOS:

For family, friends, employers, attorneys, etc.

### SPEAKERS:

Available for public awareness of chemical dependency (no charge).  
This service is available in the Seattle area only.

*Thank you for your interest in our treatment of chemical dependency.*